

cosmelan[®]



Homecare Protocol

trust the leader

the world's gold standard
depigmentation method

mesoestetic[®]

WHAT TO EXPECT?

Initially, the skin may be red and itchy with a burning and tightening sensation. Some may experience swelling for up to 3 - 4 days. To relieve such symptoms, apply Melan Recovery or the Anti-stress Mask whenever necessary.

REDDENING AND FLAKING

Skin may stay red for a long time, especially sensitive skin. In some cases, redness may be seen as darkening of the skin - do not be alarmed at this. Flaking is to be expected, more intensely in photo types I and II. To relieve this, apply Melan Recovery every 2 hours until it improves. Do not pull on, rub or scratch the flakes. Do not use exfoliants, scrubs or peels and avoid steam baths, hot springs and saunas for 2 weeks.

WARNING

If sensitivity, burning and swelling don't improve in 3 days, or in the event of blistering, oozing or scabbing, contact your skin care professional. Use only Melan Recovery cream, Anti-stress mask and Sunscreen until the skin has settled again and only then proceed with the maintenance protocol. This is usually after 5 to 7 days.

HEMOCARE TREATMENT PROTOCOL

1st Month

- 5-7 days after the Cosmelan mask treatment, start to apply Cosmelan 2 cream three times per day: morning, mid-day and night. If the skin is too sensitive apply morning and night only, until skin settles.
- Apply Melan Recovery cream 15 min after and on top of the cosmellan 2 cream.
- Sunblock to be applied 4 - 6 times during the day. Apply 10 minutes after Melan Recovery.
- Consult your skin care professional for a check-up.

2nd & 3rd Month

- Apply Cosmelan 2 cream morning and night.

- Continue to apply Melan Recovery 15min after Cosmelan 2, or more often as needed.
- Apply sunblock at least 4 – 6 times a day.

4th Month Onwards

- Continue one daily application.

STABILISING PERIOD

The period following the initial 6 month treatment is called the stabilisation period and this is the most risky period. You assume that you're done with the treatment, but this isn't true, as pigmentation needs to be managed for life. It's very important to keep applying a very good sunblock 4 - 6 times a day and to stay out of harsh sun as your skin is extremely vulnerable. After completion of the cosmelan method, wait at least 2 months before resuming alternative pigment treatments: This includes IPL, Laser, TCA chemical peels.

COMPLEMENTARY PRODUCTS

Hydra-Milk Cleanser or Facial Gel Cleanser

Hydratonic

Aox Ferulic

advanced antioxidant protection against external aggressions

Melan Recovery

the recommended moisturizer to be used with cosmelan

Fast Skin Repair

highly moisturizing and nourishing and reduces inflammation

Couperend Maintenance Cream

for prolonged redness, especially in sensitive skins

Hydra Vital face mask

intensive moisturising and revitalizing mask

Anti-stress face mask

soothing, nourishing and decongestive effect

Hydra Vital Factor K

ultra-moisturising cream to restore the skin's hydro-lipid layer

Regenerance Active

recommended moisturiser for sensitive skin

Mesoprotech Melan 103+ Pigment control

highly recommended for continuous use



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committed to research and development
of new dermocosmetic solutions since 1984.

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NOTE: This brochure serves as a summary of the product or treatment and does not cover all the necessary information. Please consult your skincare professional for more detailed information. Ensure that a full medical history and skin analysis is completed to rule out all contra-indications not listed here. Results may vary.